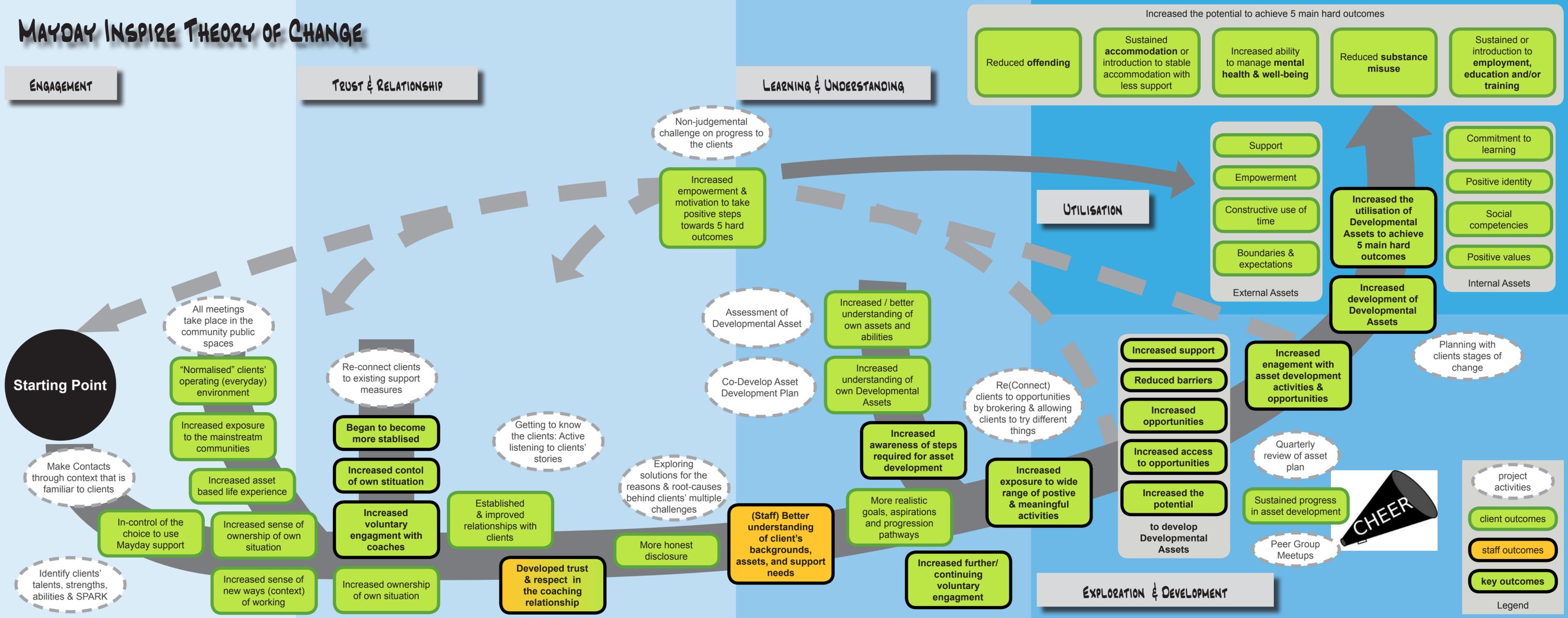


Mayday Theory of Change

Focusing on the Developmental Assets



MAYDAY INSPIRE THEORY OF CHANGE





Mayday Trust Developmental Assets

External Assets

Support



People need to be surrounded by people who love, care for, appreciate, and accept them.

Empowerment



People need to feel valued and valuable. This happens when they feel safe and respected.

Boundaries and Expectations



People need clear rules, consistent consequences for breaking rules, and encouragement to do their best.

Constructive use of Time



People need opportunities to learn and develop new skills and interests with other youth and adults.

Internal Assets



Commitment to Learning

People need a sense of the lasting importance of learning and a belief in their own abilities.



Positive Values

People need to develop strong guiding values or principles to help them make healthy life choices, including responsibility, empathy and self-control.

Social Competencies



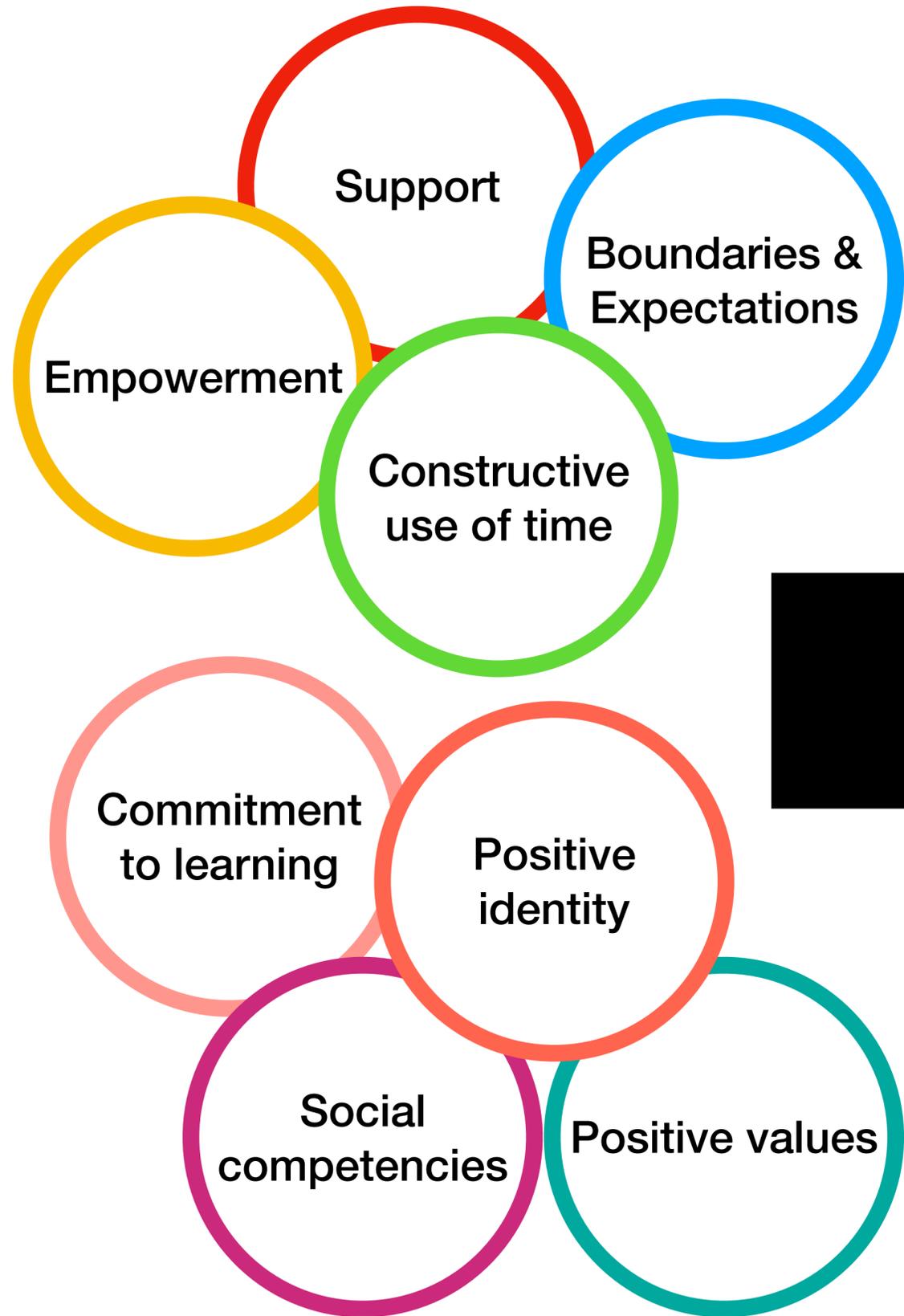
People need the skills to interact effectively with others, to make difficult decisions, and to cope with new situations.

Positive Identity



People need to believe in their own self-worth and to feel that they have control over the things that happen to them.

Developmental Assets vs. Hard Outcomes



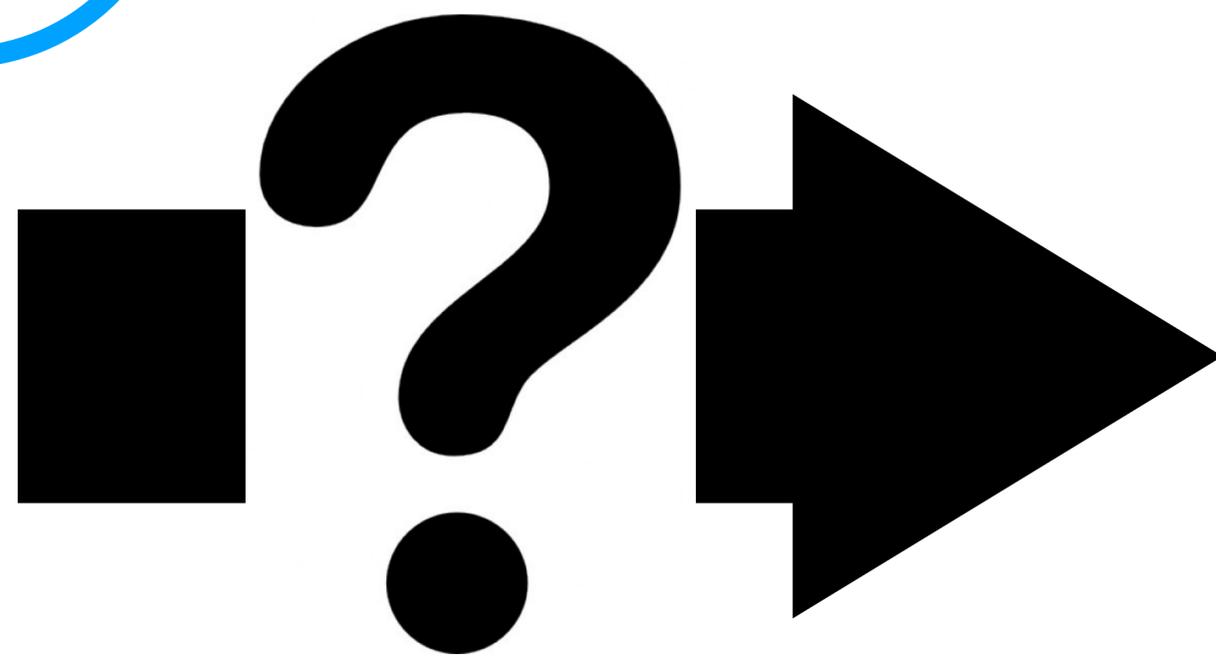
Sustained accommodation or introduction to stable accommodation

Sustained or introduction to employment, education or training

Reduced substance abuse

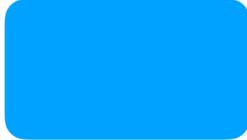
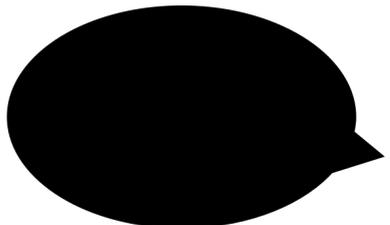
Reduced Offending

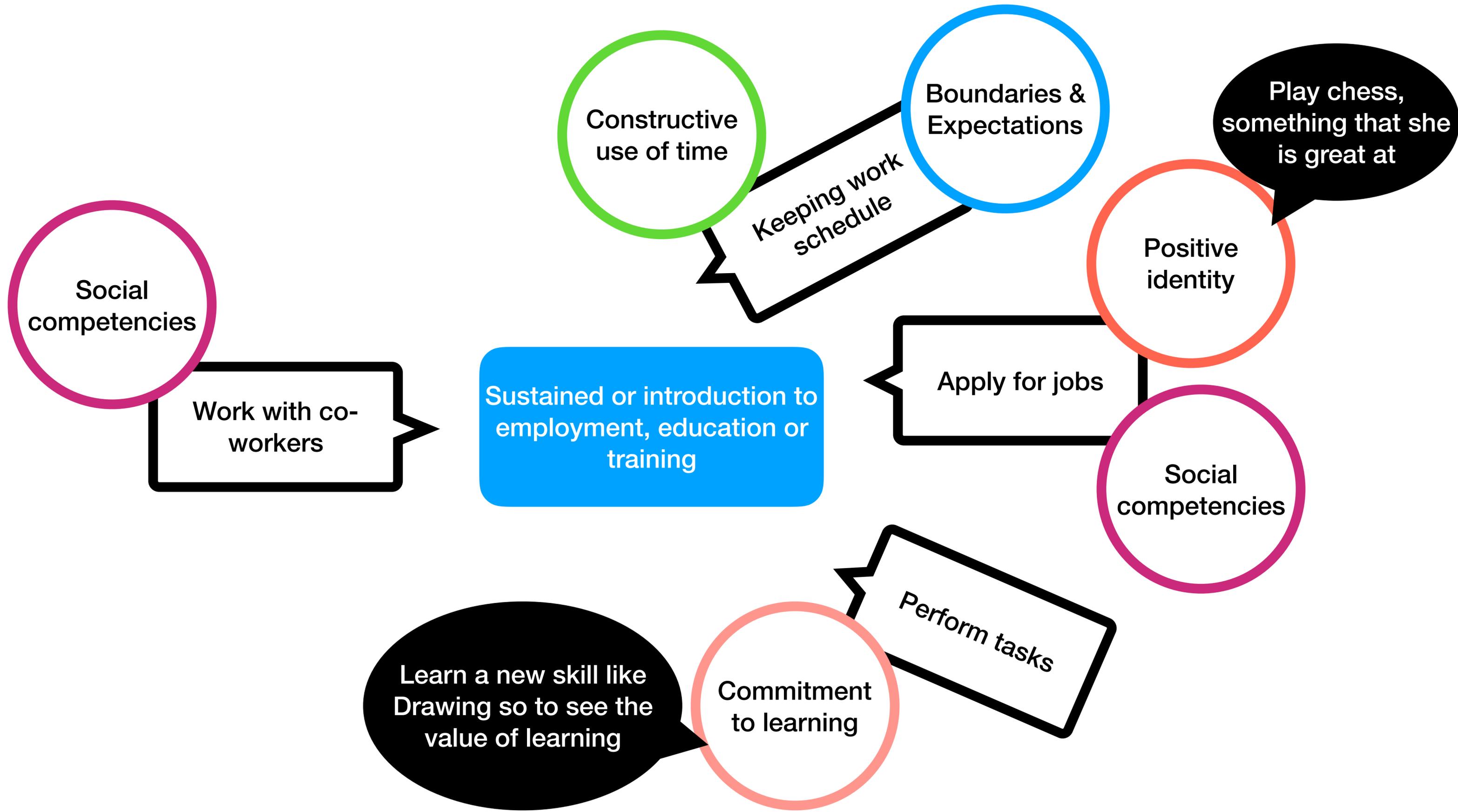
Manage mental health & wellbeing



Asset Coaching

Discussion

- Pick 1 hard outcome (eg. Employment) 
- Brainstorm a list of things that someone need to do to achieve this hard outcome (eg. apply for jobs, perform tasks, keep work schedule, etc.) 
- What Developmental Assets does one need to carry out these activities? 
- How would you develop one of the developmental asset he/she needs? 



Social competencies

Work with co-workers

Sustained or introduction to employment, education or training

Apply for jobs

Social competencies

Learn a new skill like Drawing so to see the value of learning

Commitment to learning

Perform tasks

Constructive use of time

Keeping work schedule

Boundaries & Expectations

Play chess, something that she is great at

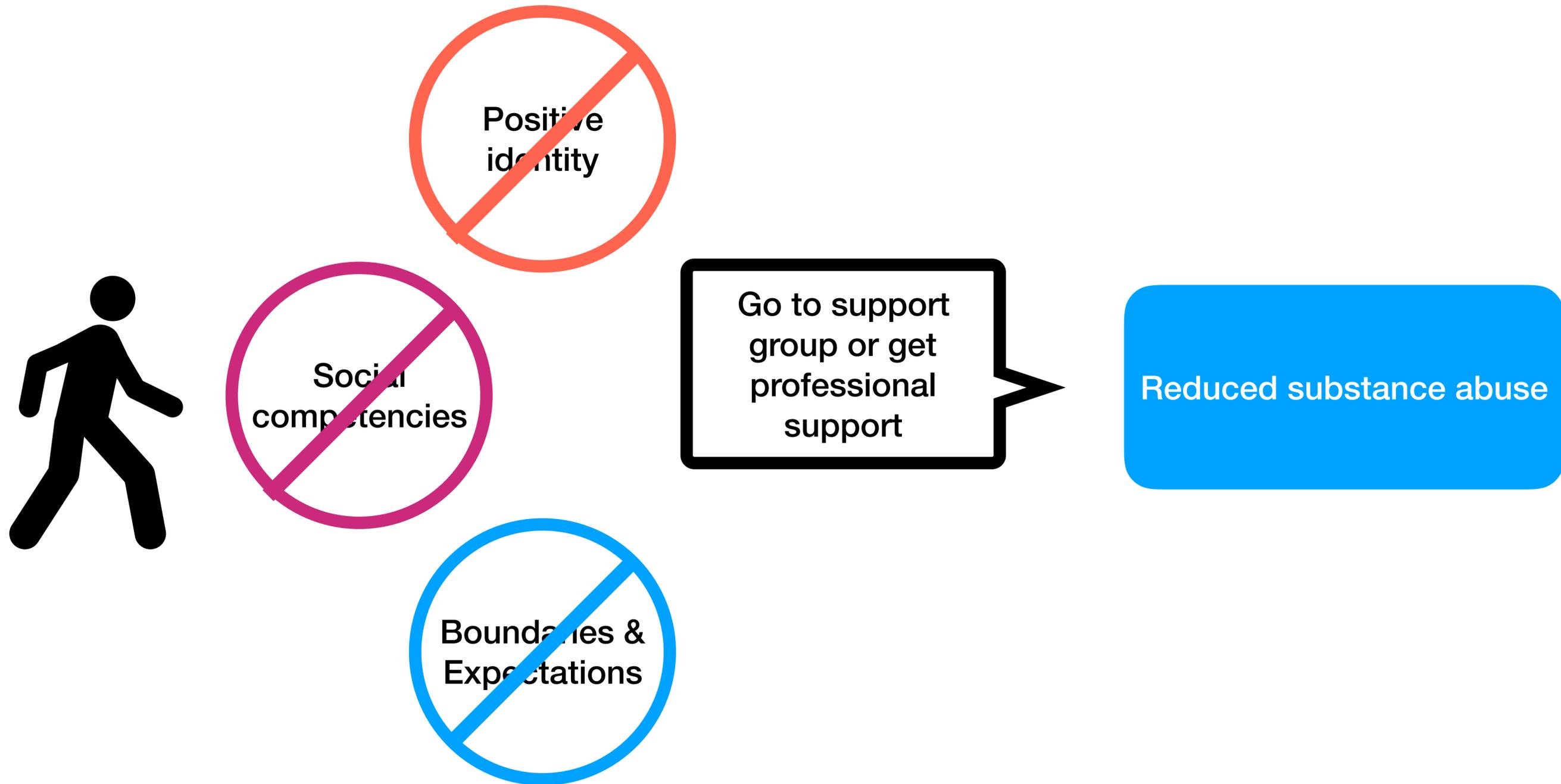
Positive identity

Debrief

- Do all 8 assets need to be there for 1 outcome?
- Are there degrees of which the assets need to be present? How high?
- Are there assets that are missing?
- How difficult is it to NOT focus on just the hard outcomes?
- What stood out to you in your discussion?
- What are your burning questions?

**Why not just focus on the hard
outcomes?**

Consider this...



Questions?

Thank you.

weihsi.hu@logical-thinking.co.uk