# Support Worker???

# Person-led, Transitional, Strength-based (PTS) Network Coach - listener, activist, influencer (Part of a UK growing network of PTS Coaches)

**Who you are**

You have fire in your belly to make a difference.

You have a passion and strong commitment to social justice.

You listen and reflect, challenge and change.

You have a strong sense of your own identity; you know who you are.

You know the system; you may have been in the system, worked in the system or want to get involved to change the system (whether that is the homelessness, social care, mental health, or criminal justice systems).

Your passion drives your determination to make a difference, never giving up, going many extra miles, and doing whatever it takes to walk alongside those going through tough times.

You care about people who do not have or are prevented from having a voice, you don’t want to rescue or be the hero, but you do want to listen and walk alongside.

You are fearless, not afraid to challenge or be challenged.

You use your voice to create change through blogging, social media, and conversation.

You believe in each person’s ability to find their own way and make their own decisions.

You are honest, open and compassionate with a high level of integrity and a loyalty to those who share your values.

You know about power; you are able to give and take your own power and you understand anti oppressive practice and the importance of viewing your work with individuals within a wider political and social context.

**What you do**

You will be **walking alongside** individuals going through tough times, helping them to identify and remove system barriers, preventing people internalising structural problems as their own individual weakness. You will believe in those you work with and helping them connect with who they are, their strengths and who they can and want to be. You will be person-led.

You will be a system activist, identifying system barriers at a grassroots level and tackling them where possible. You will share your learning on the systemic issues people face when experiencing tough times with the Mayday team and your wider network.

You will be an **educator** **and influencer,** sharing your experiences with other PTS Coaches, organisations and frontline staff. You will proactively seek out allies, people who are brave enough to join a movement which will make systems change a reality.

**How you do it**

You work autonomously, accountable both to Mayday and the people you walk alongside.

You continually reflect and learn from your work through 1-1 PTS supervision.

You come together with other PTS Coaches, to organise, coordinate and lead on growing the movement and changing the system.

You join others within the organisation and wider system to inform thinking and challenge practice.

You contribute to the UK movement for change through involvement in recruitment, training, and action on system change.

You continually seek to improve our work through considering evidence, data and feedback.

You work across organisational and geographical boundaries, travelling and working online.

You utilise all your skills and are not afraid to push yourself beyond your comfort zone, to create real change for those you walk alongside, whilst contributing to the wider movement.