## The Mayday Strengths-based Network

**Information Pack** 



People seeking support often become trapped in services and face barriers created by the systems that have been set up to help them. Traditional support services focus on people's weaknesses and the problems they are facing, and the support is based on the service's priorities, not the persons.

To change this, organisations and practitioners in the Mayday Strengths-based Network are modelling a different approach with people who are seeking support. Our approach focuses on forming a trusting relationship with people, focusing on their strengths, potential, and aspirations, and empowering them to challenge and change what's not working for them.

Creating change alone can be tough, but by joining the Mayday Strengths-based Network, your practitioners will be supported to develop their practice, grow in confidence and be nurtured by a community of like-minded peers. Working as a network means your voice and the experience of the people you work with is louder, giving us a shared platform to influence systems change for the better.

#### Who we are

At Mayday, we transformed from a traditional charity providing supported accommodation services to a nationally recognised voice for radical systems change. We used the learning and values of this approach to develop the 'PTS (Person-led, Transitional, Strengths-based) Response' which works to remove barriers and create strengths-based systems and services which can break the cycle of people repeatedly returning to them, and instead make people's tough times brief transitions in their lives.



Through the Network, we share this learning so other organisations can shape their own strengths-based approach. Our Network members get access to our bespoke PTS-informed tools, specialist guidance and experience-based resources, and the opportunity to exchange ideas and share challenges with the Network.

Click here to find out more about the PTS Response

# The Mayday Strengths-based C.T.

## **Our Network Offer**

As a member of the Mayday Strengths-based Network, you will get access to our online Network Hub. Here you will join practitioners and organisations who want to create strengths-based systems and services so that people accessing them can take back control of their lives and their future.

#### Our benefits include:

- Access to like-minded individuals in a Community of Practice founded on these four cornerstones;
  - **Practice Development**: Sharing practical resources and learning from our shared practice
  - **Systems Influencing**: Exploring how we can influence other local organisations to become more aligned with the strengths-based approach
  - Data & Impact: Tips, tools and learning about how to measure outcomes, generate evidence and demonstrate impact
  - **Culture & Well-being**: Strengths-based working can be challenging; we will share experiences of creating safe, inclusive and high-performing teams, spaces and working cultures
- Access to our Network Hub, an online space that hosts an interactive library, Mayday policies and PTS Framework, a Strengths-based FAQ page, training materials and more!
- Quarterly member Network events
- An online forum via the Network Slack to exchange ideas, share challenges and improve practice
- Monthly practitioner-focused 'PTS Community' meetings
- Online community spaces specifically for Managers and Senior Leaders
- A monthly Network Newsletter which will include news and updates, the latest podcasts, blogs, poems and lots of other brilliant strengths-based content
- Optional digital meet-ups, where you will have the opportunity to be connected one-to-one with another member and grow your professional network

The Mayday Strengths-based Network is an organisational membership network, suitable for practitioners in support worker or coaching roles, as well as service managers and senior leaders who would like to embed strengths-based working across their service/organisation.





## **Membership Fees**

Fees are charged yearly and will be based on your organisation's annual turnover. With the starting fee, up to five people from your organisation will be given access to our member benefits. You can add more members from your organisation (up to 15 people) at an additional cost. Please note that our fees are NOT inclusive of VAT:

Size	Membership fee: 1-5 accounts	Membership fee: 6-10 accounts	Membership fee: 11-15 accounts
Non charitable organisation	£1,500	£2000	£2,500
Charity turnover >£5m	£1000	£1350	£1,700
Charity turnover £1-5m	£750	£1,000	£1250
Charity turnover <£1m	£500	£670	£840

If you are interested in your organisation joining the Network, you can apply by completing our short application form (link below). Once you have submitted your form, we will get in touch with you to discuss the next steps.

#### Click here to apply now

If you have any questions about the Mayday Strengths-based Network and/or would like to discuss it further, please contact us via email at <u>network@maydaytrust.org.uk</u>.

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